



Raluca Iustina Bâră

WORK EXPERIENCE

Ophthalmology Specialist

MedIF [06/2023 – Current]

City: Otopeni

Country: Romania

Ophthalmology Specialist

Infosan [01/2022 – Current]

City: Bucharest

Country: Romania

Ophthalmology Specialist

Ocularcare [12/2017 – Current]

City: Bucharest

Country: Romania

Ophthalmology Specialist

Regina Maria [03/2017 – 09/2018]

City: Bucharest

Country: Romania

Ophthalmology Specialist

Valleriana Med [02/2017 – 11/2017]

City: Targoviste

Country: Romania

Ophthalmology Resident

Bucharest Emergency University Hospital [31/12/2012 – 30/12/2016]

City: Bucharest

Country: Romania

EDUCATION AND TRAINING

PhD Diploma "Cercetari Imunohistochimice ale Sistemului Lacrimal"

University of Medicine and Pharmacy Carol Davila [08/2015 – 12/2020]

City: Bucharest

Country: Romania

Ophthalmology Resident

Bucharest Emergency University Hospital [31/12/2012 – 30/12/2016]

City: Bucharest

Country: Romania

Medical Doctor Diploma

University of Medicine and Pharmacy Carol Davila [2005 – 2011]

City: Bucharest

Country: Romania

Bachelor degree (Science)

Carmen Sylva Theoretical Highschool [2001 – 2005]

City: Timisoara

Country: Romania

LANGUAGE SKILLS

Mother tongue(s): **Romanian**

Other language(s):

English

LISTENING C1 READING C1 WRITING C1

SPOKEN PRODUCTION C1 SPOKEN INTERACTION C1

French

LISTENING A2 READING A1 WRITING A1

SPOKEN PRODUCTION A1 SPOKEN INTERACTION A1

Spanish

LISTENING B1 READING B1 WRITING A1

SPOKEN PRODUCTION B1 SPOKEN INTERACTION B1

German

LISTENING A1 READING A1 WRITING A1

SPOKEN PRODUCTION A1 SPOKEN INTERACTION A1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

DRIVING LICENCE

Driving Licence: B

CONFERENCES AND SEMINARS

Conferences

1. The VIIIth Regional Ophthalmology Conference with International Participation, 10-13.04.2013, Timisoara, Romania
2. The XIIth National Congress of Ophthalmology, 16-19.10.2013, Sinaia, Romania
3. The 5th World Congress on Controversies in Ophthalmology, 20-23.03.2014, Lisbon, Portugal
4. The 2nd National Conference of Oculoplastics, 11-12.04.2014, Bucharest, Romania
5. 11th EGS Congress, 7-11.06.2014, Nice, France
6. The 1st National Congress of Cataract and Refractive Surgery, 20-22.06.2014, Bucharest, Romania
7. The XXXII Congress of the European Society of Cataract and Refractive Surgeons, 13-17.09.2014, London, England
8. The XIIIth National Congress joint with the XIth Congress of the South-East European Ophthalmological Society (SEEOS) and SOE session, 1-4.10.2014, Bucuresti, Romania
9. The IXth Regional Conference of Ophthalmology with International Participation, 23-25.04.2015, Timisoara, Romania

10. The XIVth National Congres of Ophthalmology with International Participation, 7-10.10.2015, Sinaia, Romania
11. Congress of American Academy of Ophthalmology, 13-17.11.2015, Las Vegas, Nevada
12. 20th ESCRS Winter Meeting, 26-28.02.2016, Athens, Greece
13. The XVth National Congres of Ophthalmology with International Participation, 5-8.10.2016, Sinaia, Romania
14. Congresul Societatii Romane de Glaucom, 14-17.03.2018, Poiana Brasov, Romania
15. Conferinta Anuala a Societatii Romane Retina, 07-08.06.2018, Eforie Nord, Romania
16. Al V-lea Congres al Societatii Romane de Cataracta si Chirurgie Refractiva, 08-10.06.2018, Eforie Nord, Romania
17. Simpozion de Neuro Oftalmologie, 08.12.2018, Bucuresti, Romania
18. Al 11-lea Congres de Oftalmologie cu Participare Internationala, 11-13.04.2019, Timisoara, Romania
19. Al 37-lea Congres ESCRS, 14-18.09.2019, Paris, Franta
20. Al 18-lea Congres National de Oftalmologie cu Participare Internationala, 02-05.10.2019, Sinaia, Romania
21. A 8-a Conferinta a CMB, 25-27.06.2020, Bucuresti, Romania
22. The 39th Congress of the ESCRS, 08-11.10.2021, Amsterdam, Netherlands
23. Al VIII-lea Congres al Societatii Romane de Cataracta si Chirurgie Refractiva cu Participare Internationala, 23-26.06.2022, Eforie Nord, Romania
24. European Dry Eye Society Congress, 10-11.06.2022, Paris, France
25. Myopia Management Day, 16.10.2022, Brasov, Romania
26. Congresul Societatii Romane de Strabologie si Oftalmopediatrie, Editia 10, 4-6.05.2023, Brasov, Romania
27. European Society of Ophthalmology, 15-17.06.2023, Praga, Cehia

HONOURS AND AWARDS

Premiere articol COMPETITIE PRECISI 2020

1. **Lymphatic lacunae of the human eye conjunctiva embedded within a stroma containing CD34(+) telocytes**, Mihnea I. Nicolescu, Mugurel C. Rusu, Liliana M. Voinea, Alexandra D. Vrapciu, Raluca I. Bâră, J Cell Mol Med. 2020;24:8871–8875, DOI: 10.1111/jcmm.15354

CURSURI SI SEMINARII

Cursuri si Seminarii

1. Excelenta in managementul glaucomului salveaza ani de vedere!
26.01.2013, Bucharest, Romania
2. Actualitati in domeniul lentilelor de contact, 27.03.2014, Bucharest, Romania
3. Optiuni terapeutice in patologia corneei, 19.06.2014, Bucharest, Romania
4. 22nd Ophthalmic Winter Academy - Phacoemulsification, 8-13.03.2015, Schruns, Austria
5. Actualitati si principii de tratament in fotocoagularea retiniana, 4-6.03.2016, Timisoara, Romania
6. Principii de interpretare si actualitati in tehnologiile imagistice retiniene - tomografie in coerenta optica si angiofluorografie, 19-20.11.2016, Timisoara, Romania
7. Teaching Course Retinal Detachment, The Diabetic Eye, AMD, 7.10.2017, Bucuresti, Romania
8. Curs Practic - Wet Lab de Trabeculectomie, 14-17.03.2018, Poiana Brasov, Romania
9. Actualitati si Principii avansate de Tratament Laser in Bolile Oculare, 23-25.10.2020, Timisoara, Romania

PUBLICAȚII

Publicații

1. **Eales' disease: challenge in diagnosis and treatment**, Raluca Iustina Buzescu, Ana Cristina Ghita, Prof. Dr. Liliana Voinea, A.M. Ghita – published in Monduzzi Proceedings of The IX Romanian Regional Conference for Ophthalmology with International participation - Timisoara, 23-25 April 2015
2. **Adding myofibroblasts to the lacrimal pump**, Raluca Iustina Bâră, Liliana Mary Voinea, Alexandra Diana Vrapciu, Mugurel Constantin Rusu, Acta Histochemica 122 (2020) 151536, <https://doi.org/10.1016/j.acthis.2020.151536>
3. **Lymphatic lacunae of the human eye conjunctiva embedded within a stroma containing CD34(+) telocytes**, Mihnea I. Nicolescu, Mugurel C. Rusu, Liliana M. Voinea, Alexandra D. Vrapciu, Raluca I. Bâră, J Cell Mol Med. 2020;24:8871–8875, DOI: 10.1111/jcmm.15354
4. **Myoepithelial cells of the lacrimal gland**, Bara R.I., Petrea C.E., Jianu A.M., Oancea R., Rusu M.C., Medicine Evolution vol. XXVI, No.1, 2020

PRESENTATIONS

Presentations

1. **Cataract surgery reveals a case of secondary glaucoma**, A.M. Ghita, Ana Cristina Ghita, Raluca Buzescu, Liliana Voinea, poster at 19th ESCRS Winter Meeting, 20-22.02.2015, Istanbul, Turkey
2. **Intraocular pressure after staged surgery for cataract and primary open angle glaucoma**, Raluca Buzescu, Radu Ciuluvica, Sanziana Gradinaru, Raluca Iancu – oral presentation at The IXth Regional Conference of Ophthalmology with International Participation, Timisoara, Romania, 23-25.04.2015
3. **Eales' disease: challenge in diagnosis and treatment**, Raluca Iustina Buzescu, Ana Cristina Ghita, Prof. Dr. Liliana Voinea, A.M. Ghita – oral presentation at The IXth Regional Conference of Ophthalmology with International Participation, Timisoara, Romania, 23-25.04.2015
4. **The role played by the OCT in difficult optic nerve diagnosis (optic disc pit - ocular Toxoplasmosis)**, Ana Cristina Ghită, Raluca Bâră, Alina Popa-Cherecheanu, Cristina Alexandrescu, A. M. Ghita oral presentation at The XVth National Congress of Ophthalmology with International Participation, 5–8.10.2016, Sinaia, Romania
5. **What can be hidden beneath a vitreous hemorrhage**, Raluca Bâră, Ana Cristina Ghită, Cristina Alexandrescu, A. M. Ghita - oral presentation at The XVth National Congress of Ophthalmology with International Participation, 5–8.10.2016, Sinaia, Romania